Gift Aid: The Sussex Historic Churches trust may currently reclaim the tax at the rate of 25p for every pound you subscribe provided that you certify, by giving a full name, address and ticking below, that you will pay more income / capital gains tax in this financial year than the amount we claim on your behalf.

Participants: Please send any BR5 forms which list a Gift Aid contributor to the treasurer with your BR8 form.

SPONSORS (Please complete legibly in BLOCK CAPITALS)						
Name	Address	Post Code	I wish this to be treated as Gift Aid (see note above) **Please Tick**	Date	Amount per Hour (H) or per Visitor (V)	Donations/ Total
SAMPLE ENTRY MR J. BLOGGS	211 NEW CHURCH ROAD, HOVE	BN3 4ED	✓	12/06/10	H £1 V	
					H V	
					H V	
					H V	
					H V	
					H V	
					H V	
					H V	
					H V	
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					H V	
					H V	
					H V	
					H V	
					H V	
					H V	
					H V	
Total Money Raised						£

Ask your parish organiser if you need another sheet.

IMPORTANT: to be completed by all participants

Name	Age (if under 16)
Address	
Name and address of church or chapel to receive half your money	

Return this form to your parish organiser by 23rd October. Cheques should be made payable to *Sussex Historic Churches Trust*.

Recorder's Visitors

(To be completed by visitors)

Visitor Number	Time	Initials	Visitor Number	Time	Initials
			Total Visitors		

Ask your parish organiser if you need another sheet.

Record visitors to raise money for the church or chapel of your choice as well as for the Sussex Historic Churches Trust on

Saturday 11 September 2010

between

9am and 6pm

Sussex Historic Churches Trust, Diocesan Church House, 211 New Church Road, Hove BN3 4ED
Registered Charity No. 282159

About the Historic Churches Trust

This was founded in 1956, and gives grants or interest-free loans to churches and chapels of all Christian denominations of architectural or historic interest throughout Sussex for essential repairs and restoration. Over the years we have helped more than 470 churches.

The Sponsored Ride & Stride

Created in 1982 there are now 31 County Trusts raising £1.5 million annually. Our Trust raised over £60,000 in 2007 but with the introduction of online donating it is hoped this will increase significantly. The money raised will be shared equally between the Trust and the church or chapel nominated by each participant. In Sussex over 600 buildings will be taking part, and some of them providing refreshments**.**

Recorders / Flower Arrangers / Bell Ringers

The Sussex Historic Churches Trust offers the opportunity for recorders, flower arrangers or bell ringers to participate in this event. Those who man the churches can seek sponsorship based n how many hours they spend on duty and/or how many participants visit whilst they are on duty. In order to help you remember whether a person has sponsored you per hour or per visitor cross out the H or V in the symbol .

$\frac{H}{V}$

Ride & Stride Contacts

e-mail: **contact@rideandstride.info**
website: **www.rideandstride.info**
telephone: **(01243) 788265**

Did you know that you can also raise money online? Head to our website for details.